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> Don't Let Muscle, Tendon or Joint Pain Slow Your Life Down

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THE MOST ADVANCED NON-INVASIVE TREATMENT FOR MUSCULOSKELETAL PAIN

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REATING Acute or chronic pain **Tendonitis & Tendonosis** Fibrotic Scar tissue Tendonopathy Tenosynovitis **Bursitis Stress Fractures** Osteoarthritis **Calcification Disorders Plantar Fasciitis Frozen Shoulder** Morton's Neuroma **Myofascial Trigger Points** Slow/non-healing Unions **Post-surgical Contracture** Other Conditions May Apply

# What is **EPAT**<sup>®</sup> Shock Wave Therapy?

Extracorporeal Pulse Activation Treatment (*EPAT*<sup>®</sup>) is the most advanced and highly effective non-invasive treatment method approved by the FDA.

This proprietary technology is based on a unique set of low energy acoustic pressure waves that stimulate the metabolism, enhance blood circulation, and accelerate the healing process.

This non-invasive office procedure represents a breakthrough treatment option for a broad range of musculoskeletal conditions.

Instead of taking months to conservatively treat an injury or even longer to heal from surgery, *recovery* is sped up significantly. The *EPAT*<sup>®</sup> procedure allows a chronic injury to move back into the acute phase of injury. This non-invasive treatment is particularly appealing to those patients who are eager to return to normal activities in a few days.

#### What are the expected results?

The beneficial effects of Extracorporeal Pulse Activation Treatment (EPAT <sup>®</sup>) are often experienced *after only three* (3) *treatments*.

Some patients report immediate pain relief after the treatment, although it can take up to four (4) weeks for pain relief to begin.

Damaged tissue gradually regenerates and eventually heals.

The procedure helps eliminate pain and restore full mobility, thus improving your quality of life. Over 80% of patients treated report to be pain free and/or have significant pain reduction. With the **EPAT**<sup>®</sup> you can see just as good,

if not better clinical results, compared to traditional methods including surgery.

#### Is it safe?



This FDA approved technology was developed in Europe and is currently being used around the globe.

A wealth of medical experience, state-of-the-art engineering and optimal quality have been built into each *EPAT* <sup>®</sup> device, and extensive clinical studies and tests have confirmed its safety and efficacy.

# What are the possible side effects/complications?

If performed by a qualified provider, then the non-invasive *EPAT*<sup>®</sup> treatment has virtually *no risks or side effects*.

In some cases, patients may experience some minor discomfort, tingling or redness, which may continue for several days.

It is normal to have some residual pain to the treated area after intense exercise or a full-day of work.



## How does the treatment work?

Your doctor will palpate the injured area to assess the tissue prior to treatment.

Coupling gel is applied to the treatment area of interest to enhance effectiveness & reduce energy loss.

After these preparations, **EPAT** <sup>®</sup> pressure waves are released via the applicator moved over the area of interest in a circular motion.

The *EPAT* <sup>®</sup> produces an inflammatory response, which in turn increases metabolic activity around the injury site and accelerates the healing process.

The low energy shock waves break down scar tissue & possibly calcification in the soft-tissue.

The **EPAT** <sup>®</sup> procedure also helps temporarily block the transmission of pain.

## What about special conditions?

The safety and effectiveness of the EPAT <sup>®</sup> has not been determined on people with the following health conditions:

- Malignancies
- Use of anticoagulants
- DVT (Deep Vein Thrombosis)
- Pregnancy
- Open Growth Plates

Your doctor will provide you with information about how these conditions & others that might affect the determination to perform the EPAT <sup>®</sup> procedure.

## What is the duration of the treatment and how many will I need?

Treatment sessions take approximately *5-10 mins* depending on the disorder to be treated.

Generally, 3-5 EPAT<sup>®</sup> treatment sessions are necessary at weekly intervals combined with other treatment protocols.

## What will happen after the procedure?

Your doctor will then reassess the area after the *EPAT* <sup>®</sup> procedure to determine the next course of treatment including exercises.

You will also receive recovery & after-care instructions that should be followed in order to maximize results.







## Why Consider the Non-Invasive **EPAT**<sup>®</sup>?

**EPAT** • has a proven success rate that is equal to or greater than that of traditional treatment methods (including surgery) and without the risks, complications or lengthy recovery time.

**EPAT** • is performed at MSHC, does not require anesthesia, requires a minimal amount of time, and you can return to normal activities within a few days.

**EPAT** <sup>®</sup> stimulates the body's natural self-healing process for a quicker recovery.

## Benefits of Non-Invasive **EPAT** Shock Wave Therapy

- Fast, Safe & Effective
- Immediate Reduction in Pain
- Improved Ease of Movement
- Cost Effective
- No Additional Scar Tissue Formation
- Over 80% Successful Outcomes with Retained & Proven Results
- No Incision or Risk of Infection
- Biomechanics Not Affected
- Stimulates Osteoblasts (bone cells)
- Increase in Vascular Growth
- Ends the Cycle of Chronic Injury
- Future Treatment Options Open
- Return to Work/Normal Activities within 24-48 hours
- Resume Strenuous Activities after four weeks
- Fewer After Care & Complication Costs
- Reduced Cost from Lost Work
- Does Not Require Anesthesia

## Is **EPAT**<sup>®</sup> therapy covered by Insurance?

If you have an *HSA account*, then treatment is covered, leading to additional savings by using pre-tax dollars.

However traditional Insurance does not cover the *EPAT*<sup>®</sup> procedure.

A *cash payment option* allows you to have all the benefits of an *EPAT* <sup>®</sup> procedure at a very affordable price.

Often there can be significant savings to you through the cash payment option as compared to paying deductibles & multiple co-pays as well as missed time from work and daily activities.

#### How much does it cost?

For most patients, the costs are much less than you would expect due to a reduced number of required treatment sessions.

It is also difficult to put a price on a *faster* and more effective recovery.

Please call **713-572-4100** or visit **MSHC.net** for more information

## How can I get more information?

Speak with your doctor, if you have questions or concerns about the *EPAT*<sup>®</sup> procedure. Not only does he have extensive knowledge and specialized training on aspects of its use, safety, and effectiveness, he also knows the specifics regarding your injury.

You can also learn more about **EPAT** <sup>®</sup> technology at www.CuraMedix.com.

